

LAPLAND MSK ULTRASOUND

Musculoskeletal Ultrasound Anatomy Recognition Course

7-11th April, 2025

Santa Sport, Olimpic Training Center Rovaniemi, Finland

I DAY, April 7

8.30-9.00	Registration		
9.00-10.30	1 session		
9:00- 9:15	Ultrasound anatomy of the long head of the biceps	Lecture Live demo	Saulius Rutkauskas
9:15 - 9:40	Ultrasound of the long head of the biceps	Practice	All tutors
9:40 - 10:00	Anterior shoulder ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
10:00 - 10:30	Anterior shoulder ultrasound	Practice	All tutors
10.30-10.45	Coffe break		
10.45-12.30	2 session		
10:45 - 11:00	Posterior shoulder ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
11:00 - 11:30	Posterior shoulder ultrasound	Practice	All tutors
11:30 - 11:45	Superior shoulder ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
11:45 - 12:20	Superior shoulder ultrasound	Practice	All tutors
12:20 - 12:30	Interventional ultrasound of the shoulder	Lecture	Darius Dicevicius
12.30-13.30	Lunch		
13.30-15.00	3 session		
13:30 - 13:45	Anterior and medial elbow ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
13:45 - 14:15	Anterior and medial elbow ultrasound	Practice	All tutors
14:15 - 14:30	Lateral and posterior elbow ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
14:30 - 14:50	Lateral and posterior elbow ultrasound	Practice	All tutors
14:50 - 15:00	Interventional ultrasound of the elbow	Lecture	Darius Dicevicius
15.00-15.15	Coffe break		
15.15-17.00	4 session		
15:15 - 15:30	Palmar wrist ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
15:30 - 16:00	Palmar wrist ultrasound	Practice	All tutors
16:00 - 16:15	Dorsal wrist ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
16:15 - 16:50	Dorsal wrist ultrasound	Practice	All tutors
16:50 - 17:00	Interventional ultrasound of the wrist	Lecture	Darius Dicevicius
17.00	End		

II DAY, April 8

9.00-10.30	5 session		
9:00- 9:15	Palmar hand ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
9:15 - 9:40	Palmar hand ultrasound	Practice	All tutors
9:40 - 10:00	Dorsal hand ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
10:00 - 10:20	Dorsal hand ultrasound	Practice	All tutors
10:20 - 10:30	Interventional ultrasound of the hand	Lecture	Darius Dicevicius
10.30-10.45	Coffe break		
10.45-12.15	6 session		
10:45 - 11:00	Median nerve ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
11:00 - 11:30	Median nerve ultrasound	Practice	All tutors
11:30 - 11:45	Ulnar nerve ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
11:45 - 12:30	Ulnar nerve ultrasound	Practice	All tutors
12.30-13.30	Lunch		
13.30-15.00	7 session		
13:30 - 13:45	Radial nerve ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas

13:45 - 14:15	Radial nerve ultrasound	Practice	All tutors
14:15 - 14:30	Other small nerves of the upper extremity ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
14:30 - 14:50	Other small nerves of the upper extremity ultrasound	Practice	All tutors
14:50 - 15:00	Interventional ultrasound of the nerves of the upper extremity	Lecture	Darius Dicevicius
15.00–15.15	Coffe break		
15.15–17.00	8 session		
15:15 - 15.45	Basics of the interventional ultrasound	Lecture	Darius Dicevicius
15:45 - 17.00	Interventional ultrasound	Practice	All tutors
17.00	End		

A DAY FOR REST, April 9

III DAY, April 10

9.00–10.30	9 session		
9:00- 9:15	Anterior hip ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
9:15 - 9:40	Anterior hip ultrasound	Practice	All tutors
9:40 - 10:00	Medial hip ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
10:00 - 10:30	Medial hip ultrasound	Practice	All tutors
10.30–10.45	Coffe break		
10.45–12.15	10 session		
10:45 - 11:00	Lateral hip ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
11:00 - 11:30	Lateral hip ultrasound	Practice	All tutors
11:30 - 11:45	Posterior hip ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
11:45 - 12:20	Posterior hip ultrasound	Practice	All tutors
12:20 - 12:30	Interventional ultrasound of the hip	Lecture	Darius Dicevicius
12.30–13.30	Lunch		
13.30–15.00	11 session		
13:30 - 13:45	Anterior knee ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
13:45 - 14:15	Anterior knee ultrasound	Practice	All tutors
14:15 - 14:30	Medial knee ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
14:30 - 15:00	Medial knee ultrasound	Practice	All tutors
15.00–15.15	Coffe break		
15.15–17.00	12 session		
15:15 - 15.30	Lateral knee ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
15:30 - 16.00	Lateral knee ultrasound	Practice	All tutors
16:00 - 16.15	Posterior knee ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
16:15 - 16.50	Posterior knee ultrasound	Practice	All tutors
16:50 - 17.00	Interventional ultrasound of the knee	Lecture	Darius Dicevicius
17.00	End		

IV DAY, April 11

9.00–10.30	13 session		
9:00- 9:15	Anterior ankle ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
9:15 - 9:40	Anterior ankle ultrasound	Practice	All tutors
9:40 - 10:00	Lateral ankle ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
10:00 - 10:30	Lateral ankle ultrasound	Practice	All tutors
10.30–10.45	Coffe break		
10.45–12.15	14 session		
10:45 - 11:00	Medial ankle ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
11:00 - 11:30	Medial ankle ultrasound	Practice	All tutors
11:30 - 11:45	Posterior ankle ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
11:45 - 12:20	Posterior ankle ultrasound	Practice	All tutors

12:20 - 12:30	Interventional ultrasound of the ankle	Lecture	Darius Dicevicius
12.30–13.30	Lunch		
13.30–15.00	15 session		
13:30 - 13:45	Dorsal foot ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
13:45 - 14:15	Dorsal foot ultrasound	Practice	All tutors
14:15 - 14:30	Plantar foot ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
14:30 - 14:50	Plantar foot ultrasound	Practice	All tutors
14:50 - 15:00	Interventional ultrasound of the foot	Lecture	Darius Dicevicius
15.00–15.15	Coffe break		
15.15–17.00	16 session		
15:15 - 15:30	Femoral and lateral femoral cutaneous nerve ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
15:30 - 16:00	Femoral and lateral cutaneous nerve ultrasound	Practice	All tutors
16:00 - 16:15	Sciatic and peroneal nerve ultrasound anatomy	Lecture Live demo	Saulius Rutkauskas
16:15 - 16:50	Sciatic and peroneal nerve ultrasound	Practice	All tutors
16:50 - 17:00	Interventional ultrasound of the nerves of the lower extremity	Lecture	Darius Dicevicius
17.00	End		